

What is a NCCP Instructor/Coach Cohort? A virtual training, mentoring, and certification opportunity for Instructor or Competition Coach candidates or professional development for coaches.

When and how? This cohort will kick off on January 20th, 2026, and will work together for 10 sessions until Spring. The sessions will be held via Zoom. All sessions in the cohort begin at 7:00pm Atlantic, and session lengths vary. See the schedule below for course dates and times. The full cohort is encouraged, but we will have other registration options.

Payment and Registration: We encourage early registration as a payment plan can be available.

Registration Deadline: January 11th, 2026

Contact: Sheila 902-425-5450 ext. 337 or nsefprograms@sportnovascotia.ca

Schedule (All Sessions on Tuesdays) *

Date	Time	Notes
January 13, 2026		<i>Material Package #1 will be sent to participants</i>
January 20, 2026	7:00pm-9:30pm	Introduction/Guidelines/Training Overview/Q&A
January 27, 2026	7:00pm-9:30pm	NCCP Long-Term Equestrian Development & Plan a Practice - Module 1
February 3, 2026	7:00pm-9:30pm	NCCP Plan an Equestrian Practice - Module 2
February 10 th , 2026	7:00pm-9:30pm	Analyze Beginner Equestrian Performance - Module 1
February 17 th , 2026	7:00pm-9:30pm	Analyze Beginner Equestrian Performance - Module 2
February 24 th , 2026	7:00pm-9:30pm	Lesson Plan Submission Due NCCP Plan an Equestrian Practice - Module 3 (EAP)
March 3, 2026	7:00pm-8:30pm	Emergency Action Plan Submission Due Lesson Plan Review
March 10 th , 2026	7:00pm-9:30pm	Mounted Lesson Review
March 17 th , 2026		No session – Record Video
March 24 th , 2026	7:00pm-9:30pm	Unmounted Lesson & Lunge Lesson Review
March 31 st , 2026	7:00pm-8:30pm	Video Submission Due Questions, Help Session, Cohort Wrap Up
April 28 th , 2026		Participants will sign up for a 20 minute Individual De-brief

What happens after? At the conclusion of the cohort, candidates will be assessed and given an action plan to continue training or complete certification. Cohort participants can participate in training without their coaching pre-requisites but the requirements must be met before moving forward to evaluation. Candidates who successfully demonstrate preparedness for evaluation may choose to complete their evaluation with the cohort evaluators for an additional reduced evaluation fee. This will occur in May to December.

Why the cohort approach?

The cohorts have been developed to address several issues candidates commonly face:

- 1) Evaluation Prep – Without a mentor, access to training and clear instructions of what is expected, evaluations can be very stressful for candidates. The cohort provides built in mentors and clear information on the current program requirements.
- 2) Cost – Coach certification can be expensive for candidates! Candidates need a better solution so we have provided an opportunity with mentoring, training, and an optional cost-effective evaluation opportunity to reduce costs (i.e. reduced travel costs, better preparation for the evaluation, more frequent shorter training times to allow a coach to work around their coaching and other life situations and avoid giving up a full day of coaching or life, etc.)
- 3) Inefficient Process – Without the cohort support, candidates can feel overwhelmed and take longer to complete requirements because they are working through it without support and deadlines. The cohort provides clear resources, a step-by-step process and support.
- 4) Location – It can be difficult for coaches to travel to mentors, training, and evaluations so the cohort can reduce that allowing candidates to work in their home areas.

Registration Options:

We encourage participants to sign up for the full cohort, which is also the best value. However, we do recognize that sometimes there are reasons that individuals may not be able to do the full cohort. We do offer some registrations alternatives.

Full Cohort - This includes learning sessions, NCCP Equestrian Theory Modules, Lesson Review, and if eligible, an opportunity to sign up (fee required) for a video evaluation through the cohort (some restrictions do apply).

Theory Modules Only - These six sessions will cover the following modules: NCCP Long-Term Equestrian Development (LTED), NCCP Plan an Equestrian Practice, & NCCP Analyzing Equestrian Performance. These modules can also be signed up individually.

If you have already taken the Equestrian Theory Modules and wish to take the rest of the sessions, please reach out to Sheila to discuss options.

Fees:

Full Instructor Cohort (16 sessions) - \$600.00

Full Competition Coach Cohort (12 sessions) - \$750.00

NCCP Theory Modules (3 Theory Modules – 6 sessions) - \$225.00

NCCP Long-Term Equestrian Development (LTED) Module (1 session) \$65.00

NCCP Plan an Equestrian Practice Module (3 sessions) \$95.00

NCCP Analyzing Equestrian Performance Module (2 sessions) \$85.00

Optional Printed Document Package Shipped within NS \$50



Scan the QR Code
to access online
registration form

Refund Information: A 10% administration fee will be applied to a refund request before the refund deadline. **NO refunds will be granted after January 11th (Refund Deadline).** We reserve the right to cancel session(s) due to unforeseen circumstances or insufficient advance registration. If we must cancel all or any part of the series, you will be given credit, or you can request a refund in writing. We cannot accept responsibility for individual participant expenses incurred as a result of the cancellation of this series.

More information: Additional details will be sent once you have registered for the cohort.

Please reach out to Sheila if you have questions - 902-425-5450 ext 337 or nsefprograms@sportnovascotia.ca

Candidate Cost Comparison

	Instructor Non-cohort Cost	Instructor Cohort Cost	Competition Coach Non-Cohort Cost	Competition Coach Cohort Cost
Make Ethical Decisions Online Evaluation	\$85.00	\$85.00	\$85.00	\$85.00
Rule of Two	Free	Free	Free	Free
Long-Term Equestrian Development Module	\$65.00	Included	\$65.00	Included
Plan An Equestrian Practice Theory Modules	\$85.00	Included	\$85.00	Included
Analyze Beginner Equestrian Performance Theory Modules	\$95.00	Included	\$95.00	Included
Pre-evaluation Assessment Opportunity	Approximately \$150	Included	Approximately \$150	Included
Mentoring	Approximately \$500	Included	Approximately \$500	Included
Cohort	n/a	\$600.00	n/a	\$750.00
Video Evaluation	Approximately \$575	\$250.00**Estimate	Approximately \$875	\$325.00**Estimate
Total	\$1555.00*	\$935.00*	\$1855.00*	\$1160.00*

*Plus the cost of the Equestrian NS Membership, EC Bronze Sport License, EC Coach Status & Optional Printed Package