Coach Cohorts-Fall 2024

What is a cohort? A virtual training, mentoring, and certification opportunity for Instructor or Competition Coach candidates or professional development for coaches.

When and how? This cohort will kick off on October 22, 2024 and will work together for 12-15 sessions until the Spring. The sessions will be held via Zoom. All sessions in the cohort begin at 7:00pm AST and session lengths vary. See Schedule below for course dates and times. The full cohort is encouraged but we will have other registration options.

Why the cohort approach?
The cohorts have been developed to address several issues candidates commonly face:

1) Evaluation Prep – Without a mentor, access to training and clear instructions of what is expected, evaluations can be very stressful for candidates. The cohort provides excellent and knowledgeable mentors and clear information on the current program requirements.

2) Cost – Traditional coach certification is expensive. The cohort offers a cost-effective learning environment with mentoring, training, networking and an optional low-cost evaluation fee (i.e. reduced travel costs, better preparation for the evaluation, more frequent shorter training times to allow a coach to work around their coaching and other life situations and avoid given up a full day of coaching or life, etc.)

3) Inefficient Process – Traditionally, candidates have felt overwhelmed and take longer to complete certification requirements. The cohort provides clear resources, a step-by-step process, time-commitment expectations and supports – from beginning to your successful end!

4) Location – It can be difficult for coaches to travel to mentors, training, and evaluations. The cohort removes that barrier as it is virtual (for the most part).

Registration Options:
Full Cohort - This includes learning sessions, NCCP Equestrian Theory Modules, Lesson Review. Also provided is the opportunity for certification video evaluation. (eligibility restrictions and additional fees apply).
Theory Modules Only – NCCP Long-Term Equestrian Development (LTED), NCCP Plan an Equestrian Practice, & NCCP Analyzing Equestrian Performance. These modules can also be signed up for individually.
If you have already taken the Equestrian Theory Modules and wish to participate in the Cohort, please reach out to Sheila to discuss options.
We encourage participants to sign up for the full cohort. However, we recognize that this may not be a possibility. We offer registration alternatives on as "as needed' basis. Again, please reach out to Sheila to discuss.

Registration Deadline: Tuesday, October 1st, 2024. We encourage early registration as a payment plan may be available.

IMPORTANT Refund Information: A 10% administration fee will be applied to a refund request before the refund deadline. **NO refunds will be granted after September 1st (Refund Deadline).** We reserve the right to cancel session(s) due to unforeseen circumstances or insufficient advance registration. If we must cancel all or any part of the series, you will be given a credit or you can request a refund in writing. We cannot accept responsibility for individual participant expenses incurred as a result of the cancellation of this series.

More information:
Additional details will be sent to the registered participants.
If you have questions,. please reach out to Sheila 902-425-5450 ext. 337 or nsefprograms@sportnovascotia.ca

INSTRUCTOR Schedule

Date	Time	Notes
October 22, 2024	7:00-9:30pm	Introduction/Guidelines/Training Overview/Classroom
Oct 23-Nov 11, 2024		Individual work – Pre-requisites
November 12, 2024	7:00-9:30pm	EC NCCP Long-Term Equestrian Development
November 19, 2024	7:00-9:30pm	EC NCCP Plan an Equestrian Practice - Module 1
November 26, 2024	7:00-9:30pm	EC NCCP Plan an Equestrian Practice - Module 2
December 3, 2024	7:00-9:30pm	EC NCCP Plan an Equestrian Practice - Module 3
December 10, 2024	7:00-9:30pm	Lesson Plan Review - Instructor
December 17, 2024	*7:00-8:30pm*	*English Instructor Written Test Review*
January 7, 2025	*7:00-8:30pm*	*English Instructor Written Test*
January 14, 2025		Individual Work
January 21, 2025	7:00-9:30pm	Analyze Beginner Equestrian Performance - Module 1
January 28, 2025	7:00-9:30pm	Analyze Beginner Equestrian Performance - Module 2
January 29-March 3, 2025		Individual Work
March 4, 2025	7:00-8:30pm	Instructor Practical Evaluation Review
March 11, 2025	7:00-8:30pm	Instructor Unmounted Lesson Review
March 18, 2025	7:00-8:30pm	Instructor Mounted Lesson Review
March 25, 2025	7:00-8:30pm	Instructor Lunge Lesson Review
April 1, 2025	7:00-8:30pm	Instructor Help Session/Cohort Wrap Up

COMPETITION COACH Schedule

Date	Time	Notes
October 22, 2024	7:00-9:30pm	Introduction/Guidelines/Training Overview/Classroom
Oct 23-Nov 11 2024		Individual work – Pre-requisites
November 12, 2024	7:00-9:30pm	EC NCCP Long-Term Equestrian Development
November 19, 2024	7:00-9:30pm	EC NCCP Plan an Equestrian Practice - Module 1
November 26, 2024	7:00-9:30pm	EC NCCP Plan an Equestrian Practice - Module 2
December 3, 2024	7:00-9:30pm	EC NCCP Plan an Equestrian Practice - Module 3
December 10, 2024-January 13, 2025		Individual Work
January 14, 2025	7:00-9:30pm	Lesson Plan Review - Competition Coach
January 21, 2025	7:00-9:30pm	Analyze Beginner Equestrian Performance - Module 1
January 28, 2025	7:00-9:30pm	Analyze Beginner Equestrian Performance - Module 2
February 4, 2025	7:00-8:30pm	Competition Coach Group Mounted Lesson Review
February 11, 2025	7:00-8:30pm	Competition Coach Individual Mounted Lesson Review
February 18, 2025	7:00-8:30pm	Competition Coach Lunge Lesson Review
February 25, 2025	7:00-8:30pm	Competition Coach Help Session/Cohort Wrap Up

What happens after? At the conclusion of the cohort, candidates will be assessed to determine evaluation readiness. Candidates who successfully demonstrate preparedness for evaluation may choose to complete their evaluation with the cohort evaluators for an additional reduced evaluation fee.

Cohort Fees (See explanation under Registration Options Description on page 1):

Full Instructor Cohort (16 sessions)	**$575.00***
Full Competition Coach Cohort (12 sessions)	**$700.00***
NCCP Theory Modules (3 Theory Modules/6 sessions)	**$225.00**
NCCP Long-Term Equestrian Development (LTED) Module (1 session)	**$65.00**
NCCP Plan an Equestrian Practice Module (3 sessions)	**$95.00**
NCCP Analyzing Equestrian Performance Module (2 sessions)	**$85.00**
***Evaluation Fees and MED Online Evaluation Fees not included (see below)**	

Instructor Candidate Cost Analysis

Item	Non-Cohort Cost	Cohort Cost
Make Ethical Decisions (MED) Online Evaluation	$85.00 (or fee waived with applicable training)	$85.00 (or fee waived with applicable training)
Rule of Two Module	Free	Free
Long-Term Equestrian Development Module	$65.00	Included
Plan an Equestrian Practice Theory Module	$85.00	Included
Analyze Beginner Equestrian Performance Theory Module	$95.00	Included
Pre-evaluation Assessment Opportunity	Approximately $150	Included
Mentoring	Approximately $500	Included
Cohort	n/a	**$575.00**
Evaluation	Approximately $450	$175.00 (estimated)
Total	**$1430.00***	**$835.00***

*Plus the cost of the Equestrian NS Membership, EC Bronze Sport License, EC Coach Status

Competition Coach Candidate Cost Analysis

Item	Non-Cohort Cost	Cohort Cost
Make Ethical Decisions Online Evaluation	$85.00 (or fee waived with applicable training)	$85.00 (or fee waived with applicable training)
Rule of Two	Free	Free
Long-Term Equestrian Development Module	$65.00	Included
Plan An Equestrian Practice	$85.00	Included
Analyze Beginner Equestrian Performance	$95.00	Included
Pre-evaluation Assessment Opportunity	Approximately $150	Included
Mentoring	Approximately $500	Included
Cohort	n/a	**$700.00**
Evaluation	Approximately $650	$175.00 (estimated)
Total	**$1630.00***	**$960.00***

*Plus the cost of the Equestrian NS Membership, EC Bronze Sport License, EC Coach Status